

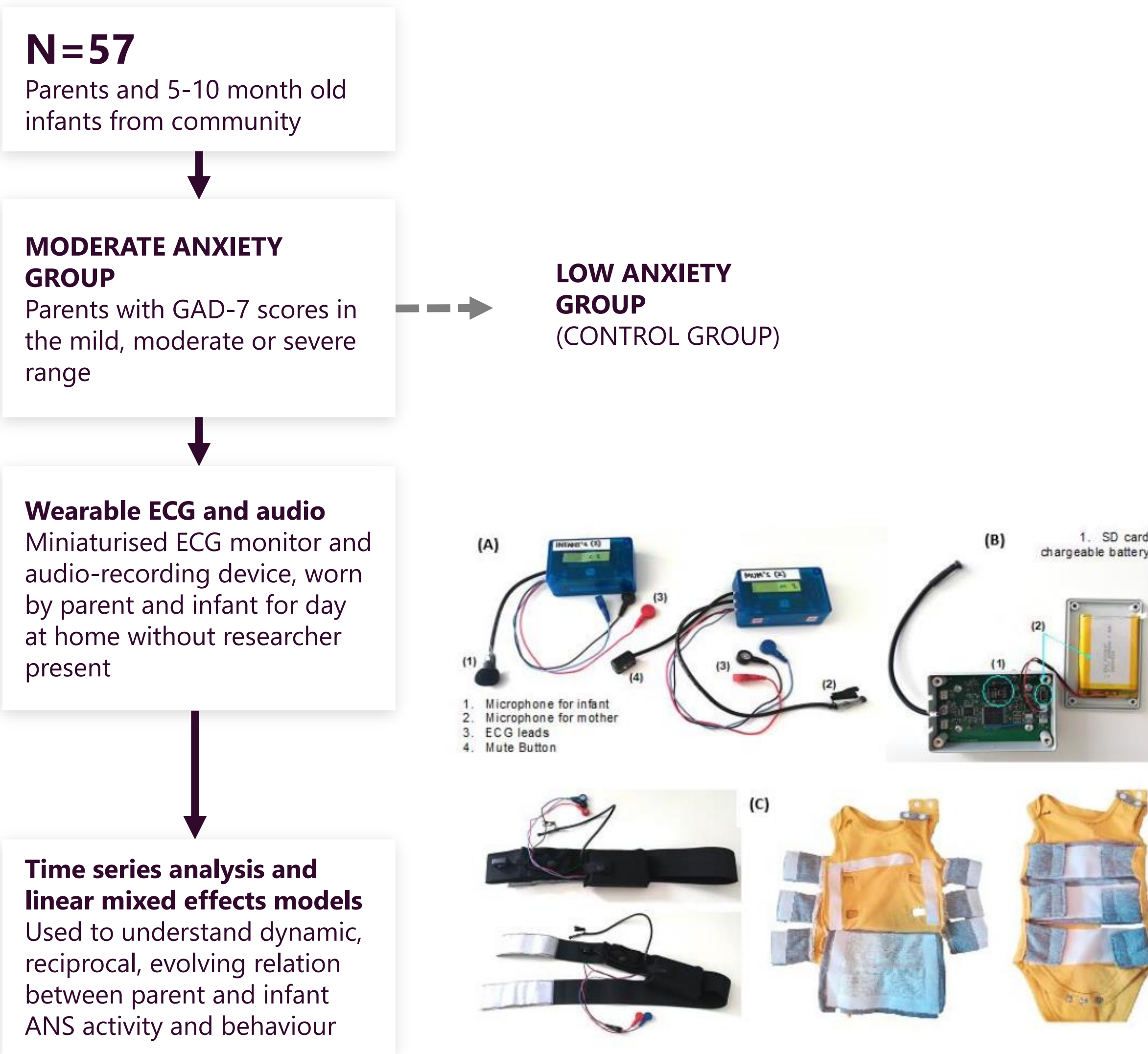


PRESENTER
Celia Smith

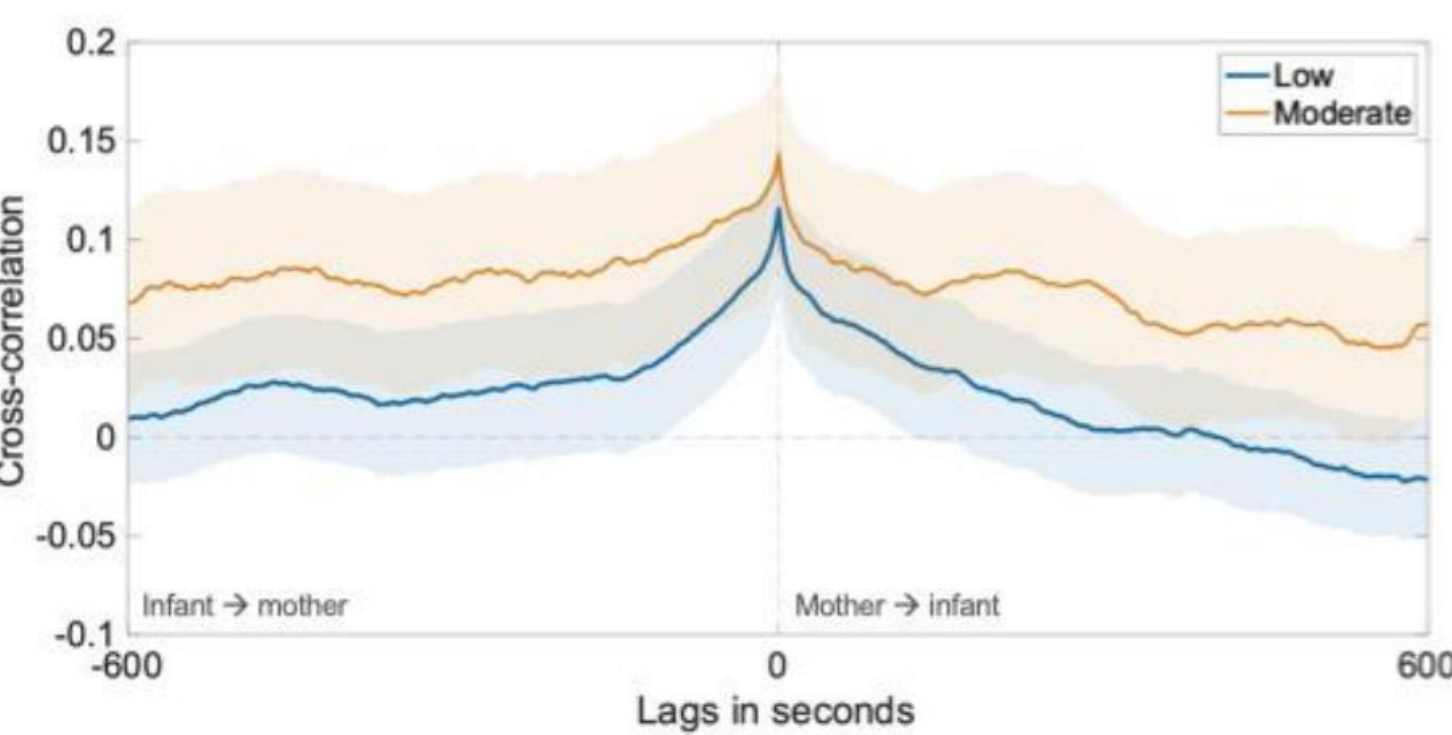
Background

Understanding contingency levels and mutually escalating arousal within the parent-infant dyad is crucial when working with families affected by perinatal anxiety, which raises the risk of relationship difficulties and atypical infant development. Targeting these dynamics may break the cycle of anxiety between parent and child. Given the prevalence and costs of child anxiety, refining early interventions is key to supporting parent-infant relationships and socio-emotional development.

Methods



Extra results

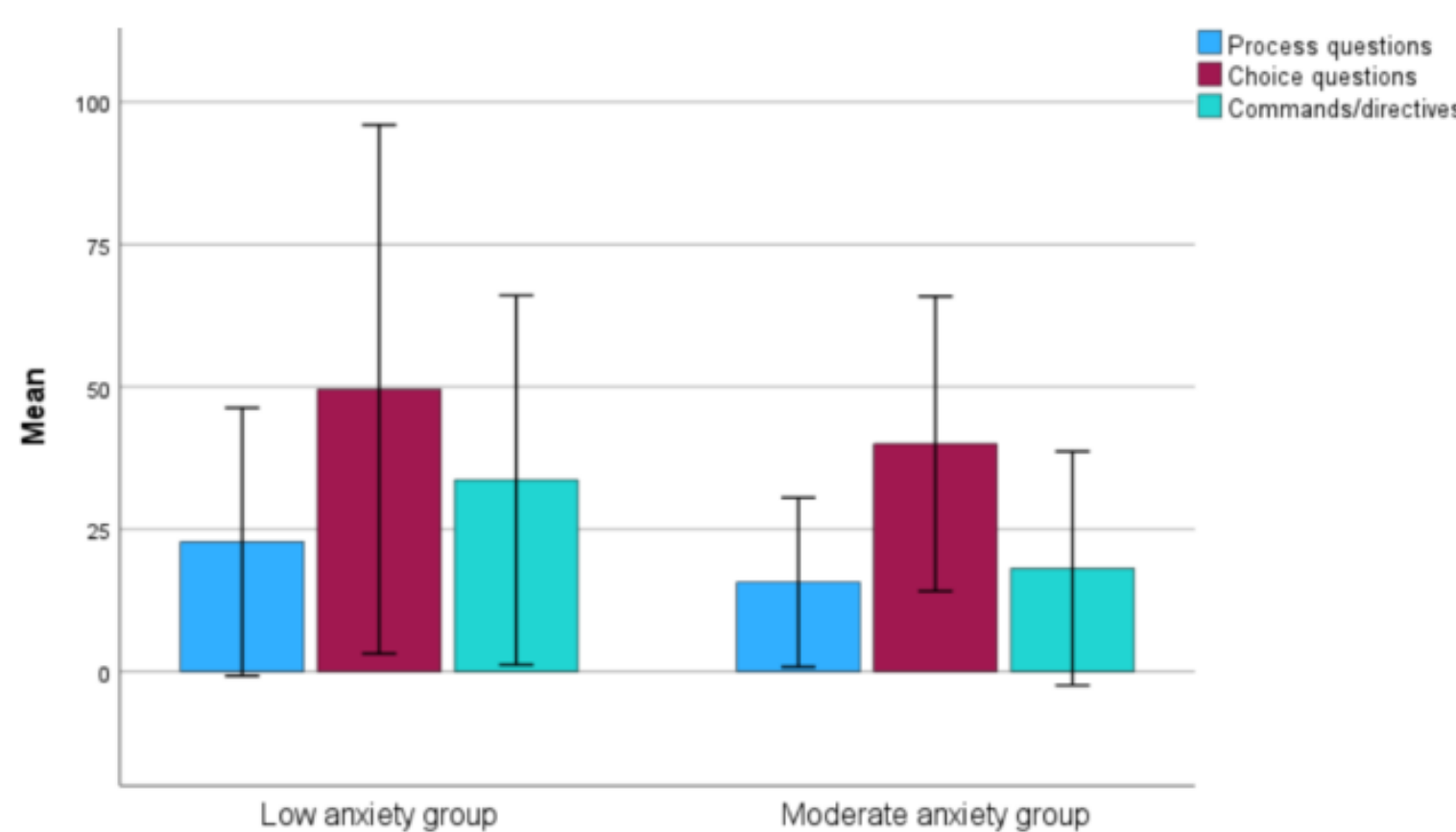


1. Trend* of heightened parent-infant synchrony within perinatal anxiety.

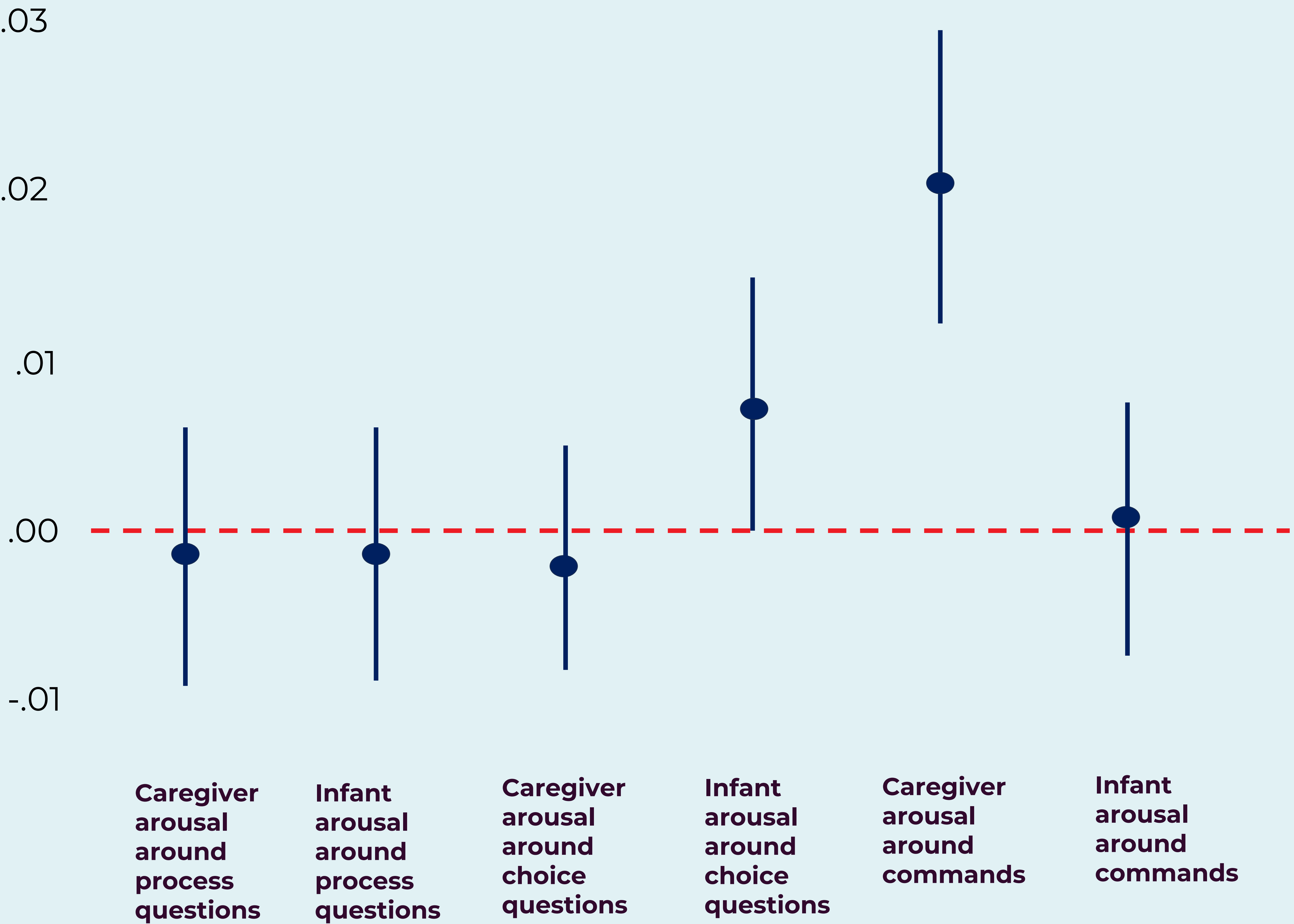
Reciprocal dynamic, implying that parent and infant are equally responsive and sensitive to each other's cues, thus leading to a mutual escalation in dyadic arousal. What's driving this?

2. Parental speech as potential trigger for mutually escalating arousal levels?

Parental anxiety intensifies both parent and infant stress response to intrusive speech. But — moderate anxiety group did not show higher rate of 'intrusive' speech. Not just what you say, but how you say it?



Does anxiety-driven speech fuel stress in the parent-infant relationship? How anxious talk amplifies stress in parents and infants alike



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